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**Tipo de trabajo:**Ponencia de 45 minutos
**Idioma:**English
**Título de la presentación:**PCA, a very special way of being together
**Palabras clave:**PCA, self-valorization, supremacy, domination, utopic socialism
**Resumen:**When we are together as friends, homo and hetero couples, client and psychotherapist, or any combination of groups of persons, there is always a tendency to self-valorize, to conquer supremacy or to dominate others. This phenomenon is easily observed in any human grouping, among mammals in nature, and in the domestic environment. Thus, this tendency of self-valorization, supremacy or domination is natural and normal for both animals and humans. The history of humankind has always been marked, and certainly will continue forever, by fights and war as some groups attempt to impose their interests in order to dominate other groups and explore them in many ways or form larger groups. I would say that, extraordinarily, PCA seeks to move in the opposite direction to that natural and powerful tendency of domination. Perhaps, PCA rarely has complete success, but when attempting, a very different configuration is created between humans, different than the normal ones formed when humans are making groups. The human configuration that PCA stimulates is something closer, in theory, to a perfect or utopic socialism: a configuration where no one is inherently more important than anyone else; all people are respected by what they are capable to offer and receive according to their needs. I also understand that in psychotherapy, whether individual, couple, family or group, the good PCA professional acts to stimulate the creation of a mood where there is room and opportunity for relationships that respect the opinion and position of others and reduce the tendency of domination. Therefore, this special way of being together without some people trying to dominate or to impose to others their interest and, in contrast, all respecting the differences and even oppositions is one of the main and essential characteristics of PCA.
**Autorizo la publicación del resumen.**